**Lumecca Procedure Instructions**

**Pre-Treatment Preparations**

* Avoid any type of tanning 4 weeks prior to treatment including self-tanning products.
* Avoid irritant topical agents (retinols) or anything that will cause skin irritation for 7 days before treatment.
* Avoid anticoagulants (aspirin) for 10 days prior to treatment.
* **Arrive for your procedure with clean skin.** There should be no lotion, make-up, perfume, powder, or bath/shower oil present on the skin in the area to be treated.
* You may take 2 extra strength Tylenol 30 minutes prior to your appointment.

**Post-Treatment Care**

* Apply sun block SPF 30+ at all times for 6 weeks following treatment.
* Moisturizer may be applied after each treatment.
* Make-up may be applied immediately after the treatment.

**Treatment Schedule**

* The number of treatments typically varies from 3-5 sessions every 4 weeks.

We know you will love your transformation.

Sharing progress pictures is encouraged and can be texted to 225.269.2610.

Thank you for allowing me to help take care of your skin.

We are here if you have any questions.