**Morpheus8 Procedure Instructions**

**Pre-Treatment Preparations**

* Avoid any type of tanning 4 weeks prior to treatment including self-tanning products.
* Avoid irritant topical agents (retinols) or anything that will cause skin irritation for 7 days before treatment.
* Avoid anticoagulants (aspirin) for 10 days prior to treatment.
* **Arrive for your procedure with clean skin.** There should be no lotion, make-up, perfume, powder, or bath/shower oil present on the skin in the area to be treated for 24 hours prior to procedure.
* Hydrate the day before and day of procedure.
* Avoid stimulants the day of procedure (coffee, nicotine, amphetamines)
* A light relaxing medication will be given so you must plan to have someone drive you home the day of your procedure. Your procedure will last 1-2 hours.

**Post-Treatment Care**

* Do not use any products on the skin for the first 24 hours after procedure.
* As soon as the pin holes close (1-3) days, apply moisturizer and sunscreen, and may use make-up.
* Apply sun block SPF 30+ at all times for 6 weeks following treatment.
* Downtime is minimal and ranges from 1-5 days.

**Treatment Schedule**

* The number of treatments typically varies from 3-4 sessions every 6 weeks, and maintenance as needed.

We know you will love your transformation.

Sharing progress pictures is encouraged and can be texted to 225.269.2610.

Thank you for allowing me to help take care of your skin.

We are here if you have any questions.